

## Program Facilitated by Senior IFIO Faculty

### Kim Bolling, Psy.D (she/her/hers)



**Kim** is a Licensed Psychologist in private practice in Nashua, NH, working with couples and individuals. Kim is a Certified IFS (Internal Family Systems) therapist and staff member for IFIO. She has a special interest in working with neurodiverse couples, and combines her training as a Neurodiverse Couples Counselor with IFS/IFIO to bring insight-oriented work to this often-underserved population.

### Maya Hanelin, LICSW (she/her/hers)

**Maya** is a Certified IFS psychotherapist who has been working with individuals, couples and groups for over 24 years. Having begun her IFS journey over a decade ago, Maya has a tremendous passion for IFS and IFIO. She has a special interest in working with members of LGBTQ+ and multi-cultural communities. Maya is on staff for IFIO and offers consultation internationally. She maintains a private practice in Boston, MA and is dedicated to helping couples navigate their relationship dynamics with equanimity and compassion.



## Course Description

This is a (2) day workshop, which will introduce the IFIO model and include lecture, demonstration, small break outs and experiential focusing on the 5 protocols taught in the IFIO Basic Training: Getting Started, Tracking Sequences, Courageous Communication, Individual Work in the Presence of the Other, and Transitioning from One Protocol to Another.

## Course Prerequisites

- Therapists, Clinicians, Practitioners, Professional Coaches interested in the IFIO Model of Therapy.
- IFS Level 1 completion is NOT required.

## U.S. Eastern Time Zone

8am-4:00pm

\*(90) meal break + (2) 15 min breaks

**CE Credits** Twelve (12) continuing education contact hours

## Instructional Methodology

Didactic, demonstration, audio/visual, experiential practice of techniques, large and small group discussion.

## \$800 Tuition

### Tuition Payment Schedule

Deposit \$300

1st Payment \$250 on August 26, 2022

2nd Payment \$250 on November 18, 2022

### Deposit + Cancellation Policy

Deposit is non-refundable and non-transferrable.

Installments are non-refundable after corresponding due date.

### Application Process

- Complete application located [here](#) or locate on our [website](#) to apply for a spot.
- You will receive an email with your application status within 2 weeks after submission of application.
- A \$300 non-refundable/non-transferrable deposit will be due within two (2) weeks of acceptance to secure your spot.
- If not accepted, your name will be put on a waiting list + you will be contacted when/if a spot opens up.

# Important Information regarding Continuing Education (CE) Credit

This program is co-sponsored by Toni Herbine-Blank, MS, RN, CS-P, and The Institute for Continuing Education. Continuing education credit is offered for the professional disciplines listed below. The training offers a total of 12.00 contact hours. The training is scheduled for January 27-28, 2023 (12.00 hrs). The CE processing fee is \$60.00 per person. Application forms and other CE materials will be made available to participants. CE verification is mailed to participants following completion of the training. If you have questions regarding the training, continuing education, learning objectives, detailed agenda for each day, or program faculty, please contact The Institute for Continuing Education at [instconted@aol.com](mailto:instconted@aol.com).

**Psychology:** The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

- New York: The Institute of Continuing education is recognized by the New York State Education Department's State Board of Psychology as an approved provider of continuing education for licensed psychologists #PSY-0043.

**Counseling:** For counselors seeking CE credit, The Institute for Continuing Education will make a co- sponsorship application to NBCC for this program. The website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

**Social Work:** Application for social work continuing education credit has been submitted. This website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board of Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.
- Ohio Board Social Work, Provider RCS 030001
- Illinois Dept. Professional Regulation, Provider 159-000606.

**Marriage-Family Therapy:** The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for 28.00 hours, per segment, of continuing education credit for LMFTs, LCSWs, LPCCs, as required by the California Board of Behavioral Sciences.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Marriage-Family Therapy as an approved provider of continuing education for licensed Marriage-Family Therapists, Provider MH-0012.

**Non U.S. Professionals:** The Institute for Continuing Education holds no provider status with licensing/certification boards outside the United States. It is your responsibility to check the regulations of your licensing board to determine CE requirements for your profession.

**NOTE:** To receive continuing education credit, applicants must complete all CE materials within 30- days of conclusion of each workshop segment.

**NOTE:** It is the responsibility of the attendee to determine if CE credit offered by The Institute of Continuing Education meets the regulations of their state licensing/certification board.

*Direct all questions + special requests (per ADA) to Keri Kelly [intimacyinsideout@gmail.com](mailto:intimacyinsideout@gmail.com)*