

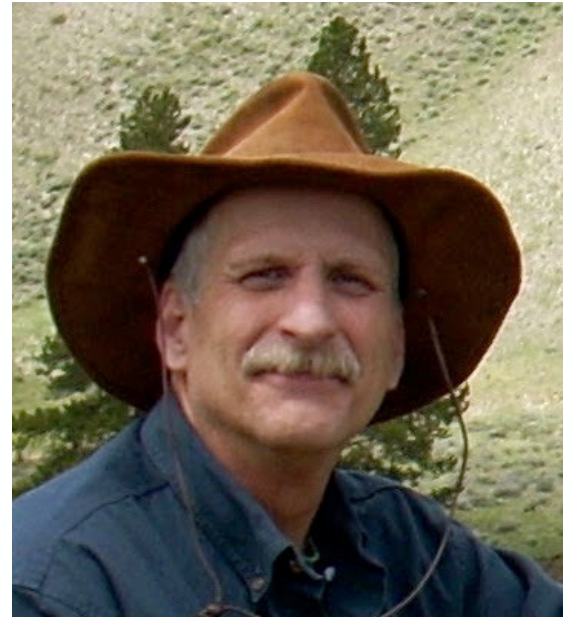
## **Betrayal and Repair**

...is a four (4) day training offered to graduates of the IFIO Basic Training interested in learning to help people in relationships recover from small and large betrayals. We will briefly review the assumptions for Intimacy from the Inside out with an emphasis on the protocols most used when working with betrayal. You will learn and practice the IFIO 7-step repair process while exploring the use of unblending, affect regulation and courageous communication. Last, demonstrate competence in facilitating couples in breaking the shame/blame cycle of interaction.



**Toni Herbine-Blank MSN, RN (she/her)** is a Senior trainer for The IFS Institute. Her expertise is the use of IFS with couples and is the sole developer of IFIO Basic and Advanced Trainings offered nationally and internationally. She is an experienced group leader with a reputation for being compassionate, respectful and empowering. Toni has co-authored 2 books on IFS couple therapy: Intimacy from the Inside Out courage and compassion in couple therapy and the new IFS couple therapy manual, both available in the IFSI bookstore and on Amazon.

## **Co-Lead Trainers**



**John Palmer, LCSW (he/him)** has over 25 years experience working with couples and individuals. Certified in Internal Family Systems Therapy and an IFIO Lead Trainer, he is passionate about helping students deepen their IFS/IFIO skills. John brings to his work a deep understanding of neuroscience with a strong focus on the autonomic nervous system as applied to intimate relationships and the therapeutic process. He maintains a private practice in Austin, Texas.

# IFIO Advanced Training: Betrayal + Repair

## Training Days, Dates and Time (US CST)

Mon, Oct 7 - Wed, Oct 9. | 9am - 5:30pm  
Thurs, Oct 10, 2024 | 9am - 3:30pm

## Breaks

(2) 15 min breaks and 90 min lunch

## Location **\*\*IN PERSON**

Wind Horse Hill Retreat Center  
Spicewood, TX, 78669

[windhorsehill.com](http://windhorsehill.com)

Located in Texas Hill Country \*\*50-60 minutes from downtown Austin. Click link [here](#) for location, travel and accommodations

## Continuing Education

Twenty-Four (24.00) Contact Hours

## Instructional Methodology

Lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion. Opportunities to give and receive feedback from peers as well as receive feedback from trainers and staff while also tackling difficult case material.

## Course Prerequisite

Applicants must meet the following criteria:

- Graduate of IFS Level 1
- Graduate of IFIO Basic Training/IFS Level 2
- Practicing as a Couples/Relationship Therapist and Practitioner

Direct all questions to Keri Kelly  
[intimacyinsideout@gmail.com](mailto:intimacyinsideout@gmail.com)

## Tuition Cost: \$1,450

\*includes pre-training content, light breakfast, lunch and snacks.

## Payment Schedule

**\$300** non-refundable/non-transferable deposit upon training acceptance

**\$575** 1st Payment **April 30, 2024**

**\$575** 2nd Payment **July 7, 2024**

*Payments are to be made by or on the aforementioned dates. Locate the training on the [IFIO website](#) and the corresponding Enter Payment portal.*

## Cancellation Policy

1st and 2nd installments are non-refundable once the due date has passed. Credit or Refunds are at the discretion of IFIO in response to extenuating circumstances.

## Application Process

- Complete application [located here](#) or locate on the [IFIO website](#)
- You will be notified via email from Keri Kelly of your training acceptance within 3 weeks of submission of your application.
- A \$300 non-refundable/non-transferrable deposit will be due within (1) week of acceptance to secure your spot.
- If not accepted, your name will be put on a waiting list + you will be contacted when/if a training spot becomes available.

# Important Information regarding Continuing Education (CE) Credit

This program is co-sponsored by Toni Herbine-Blank, MS, RN and The Institute for Continuing Education. Continuing education credit is offered for the professional disciplines listed below. The training offers a total of 24.00 contact hours, with full attendance required. Partial credit is not offered. The CE processing fee is \$60.00 per person. Application forms and other CE materials will be made available to participants. CE verification is mailed to participants following completion of the training. If you have questions regarding the training, continuing education, learning objectives, detailed agenda for each day, or program faculty, please contact The Institute for Continuing Education at: [instconted@aol.com](mailto:instconted@aol.com).

**Psychology:** The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

- New York: The Institute of Continuing education is recognized by the New York State Education Department's State Board of Psychology as an approved provider of continuing education for licensed psychologists #PSY-0043.

**Counseling:** For counselors seeking CE credit, The Institute for Continuing Education will make a co- sponsorship application to NBCC for this program. The website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

**Social Work:** Application for social work continuing education credits has been submitted. This website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board of Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.
- Ohio Board Social Work, Provider RCS 030001
- Illinois Dept. Professional Regulation, Provider 159-000606.

**Marriage-Family Therapy:** The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for 36.00 hours, per segment, of continuing education credit for LMFTs, LCSWs, LPCCs, as required by the California Board of Behavioral Sciences.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Marriage-Family Therapy as an approved provider of continuing education for licensed Marriage-Family Therapists, Provider MH-0012.

**Non U.S. Professionals:** The Institute for Continuing Education holds no provider status with licensing/certification boards outside the United States. It is your responsibility to check the regulations of your licensing board to determine CE requirements for your profession.

**NOTE:** To receive continuing education credit, applicants must complete all CE materials within 30- days of conclusion of each workshop segment.

**NOTE:** It is the responsibility of the attendee to determine if CE credit offered by The Institute of Continuing Education meets the regulations of their state licensing/certification board.