

Lead Trainers



Nancy Wonder, PhD (she/her) is a licensed psychologist in Tallahassee, Florida where she conducts individual and couple therapy. Nancy serves as a Senior trainer for Intimacy From the Inside Out and is a past Co-Lead trainer for the IFS Institute. Nancy has been involved in over 20 trainings involving IFS or IFIO and has presented at the annual IFS conference on various topics, especially on IFS and IFIO applied to sexual issues in treatment. She contributed a chapter to Internal Family Systems Therapy: New Dimensions, entitled “Treating Pornography Addiction with IFS” and Internal Family Systems Therapy: Supervision and Consultation, entitled “Making the Unconscious Conscious in IFS Consultation of Sexual Abuse, Sexual Offending, and Sexual Compulsivity.”



Larry Rosenberg, PhD (he/him) is a psychologist in Cambridge, MA, with a therapy and consultation practice of thirty years for individuals and couples and a supervisor at Cambridge Health Alliance, Harvard Medical School. He is a Lead Trainer for Toni Herbine-Blank’s Intimacy from the Inside Out and has taught IFS workshops on integrating sexuality into therapy conversations, LGBTQ+ themes, and compulsive sexual behavior. His chapter on “Welcoming all erotic parts: Our reactions to the sexual and using polarities to enhance erotic excitement” in Internal Family Systems Therapy: New Dimensions has been influential for many. Larry enjoys baking desserts, dancing, and metropolitan and natural environments.

Course Description

This 16 hour course will offer fundamental knowledge and skills for bringing sexuality into therapy conversations with your couples. Through lively didactic presentations and experiential exercises, you will have opportunities to work with your parts to gain confidence and ease with talking about a range of sexual matters that might stir anxiety, shame, or confusion for clients - and for therapists. Topics include diversity of sexual and gender expression, forms of intimate and erotic relationships, societal and family messages about sexuality, taking a sexual history, and individual differences in sexual desires and motivations.

Course Prerequisite

This course has 3 criteria to apply:

- Internal Family Systems Level I graduates
- IFIO Basic Training Level 2 Graduate
- Relationship/Couple Therapist

Instructional Methodology

Lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion.

Continuing Education

The course will offer 16 continuing education contact hours.

Date | Time (US Eastern Time Zone)

Fri, Sept 27 - Sat, Sept 28 | 9:00am - 5:00pm

Sun, Sept 29, 2024 | 9:00am - 3:00pm

*90 min lunch + (2) 15 min breaks

Tuition Cost: \$950

Payment Tuition + Schedule

\$300 non-refundable deposit upon Training Acceptance

\$325.00: 1st Payment - May 27, 2024

\$325.00: 2nd Payment - July 27, 2024

**Payments are to be made by or on the aforementioned dates on the [IFIO website](#). Locate the training and corresponding Enter Payment button.*

Cancellation Policy

All payments, including the deposit, are non-refundable once the due dates above have passed.

Application Process

- To apply for a spot in the training, complete application [located here](#) or locate on our website www.toniherbineblank.com
- You will receive an email with your application status 2-4 weeks after submission of your application.
- A \$300 non-refundable deposit will be due within (1) week of acceptance to secure your spot.
- If not accepted, your name will be put on a waiting list + you will be contacted when/if a spot opens up.

IFIO Scholarships

- We offer partial Training Scholarships centered on BIPOC therapists, people in marginalized communities, or those who work with marginalized clients. Click here to [apply](#).

[Direct all questions + special requests \(per ADA\) to Keri Kellyintimacyinsideout@gmail.com](#)

Important Information regarding Continuing Education (CE) Credit

This program is co-sponsored by Toni Herbine-Blank, MS, RN, CS-P, and The Institute for Continuing Education. Continuing education credit is offered for the professional disciplines listed below. The training offers a total of 16.00 contact hours, with full attendance required. Partial credit is not offered. The CE processing fee is \$60.00 per person. Application forms and other CE materials will be made available to participants. CE verification is mailed to participants following completion of the training. If you have questions regarding the training, continuing education, learning objectives, detailed agenda for each day, or program faculty, please contact The Institute for Continuing Education at: instconted@aol.com.

Psychology: The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

- New York: The Institute of Continuing education is recognized by the New York State Education Department's State Board of Psychology as an approved provider of continuing education for licensed psychologists #PSY- 0043.

Counseling: For counselors seeking CE credit, The Institute for Continuing Education will make a co-sponsorship application to NBCC for this program. The website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

[Direct all questions + special requests \(per ADA\) to Keri Kelly \[intimacyinsideout@gmail.com\]\(mailto:intimacyinsideout@gmail.com\)](#)

Social Work: Application for social work continuing education credits has been submitted. This website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board of Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.
- Ohio Board Social Work, Provider RCS 030001
- Illinois Dept. Professional Regulation, Provider 159-000606.

Marriage-Family Therapy: The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for 18.00 hours, per segment, of continuing education credit for LMFTs, LCSWs, LPCCs, as required by the California Board of Behavioral Sciences.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Marriage-Family Therapy as an approved provider of continuing education for licensed Marriage-Family Therapists, Provider MH-0012.

Non U.S. Professionals: The Institute for Continuing Education holds no provider status with licensing/certification boards outside the United States. It is your responsibility to check the regulations of your licensing board to determine CE requirements for your profession.

NOTE: To receive continuing education credit, applicants must complete all CE materials within 30-days of conclusion of each workshop segment.

NOTE: It is the responsibility of the attendee to determine if CE credit offered by The Institute of Continuing Education meets the regulations of their state licensing/certification board.